



2022 Annual Conference | Course Description & Objectives | April 9, 2022

UNMC Truhlsen Events Center

VIRTUAL AFTERNOON COURSE

Chelsea Richardson, PT, DPT & Jared Vagy

Course Title: **Best Practices in Telehealth**

Course Description:

Virtual care delivery presents with unique organizational, practitioner, and patient benefits and barriers that do not exist within traditional in-person care. Effective use of telehealth requires the physical therapist to recognize whether or not a patient is appropriate for telehealth, communicate the advantages and disadvantages with the patient, and understand how to resolve technical issues. This course will address the delivery and best practices of Telehealth when treating people with Orthopedic and Neurologic conditions. The goal of this course is to address these challenges and provide clinicians with best-practice strategies to effectively incorporate telehealth into their care delivery.



Course Objectives:

- Recognize patient management differences between in-person and telehealth throughout the plan of care.
- Understand the principles of evaluation and treatment for patients in ortho, neuro, and geriatrics in the telehealth setting.
- Communicate to patients' how the advantages of telehealth can be leveraged to improve patient care.
- Identify best practices for giving a subjective exam, performing objective tests and measures, and delivering remote interventions.
- Recognize key factors that influence building rapport, safety measures for patients, documentation, and patient motivation in the telehealth setting.

Bios:

Chelsea Richardson PT, DPT

Board-Certified Neurologic Clinical Specialist

Chelsea Richardson is a board-certified neurologic clinical specialist physical therapist based out of Los Angeles, California working at re+active therapy, an outpatient clinic that specializes in integrated neurologic physical therapy, occupational therapy, psychotherapy and wellness services. She completed her doctoral studies at University of Southern California in 2016. She has a passion for working with complex movement disorders and completed the Schmidt Movement Disorders Fellowship in 2017. She continues to mentor physical therapists and doctor of physical therapy students in the area of movement disorders as the current director of the Schmidt Movement Disorders Fellowship.

Jared Vagy PT, DPT

Board-Certified Orthopedic Clinical Specialist

Jared Vagy received his doctorate in physical therapy (DPT) from the University of Southern California (USC) and completed a one-year residency in orthopedics and a one-year fellowship in movement science. He is a clinical assistant professor of physical therapy in the DPT program at USC and is a mentor in both the orthopedic residency and upper extremity elite athlete fellowship programs. He is an Amazon #1 international best-selling author and has published three books and numerous articles on injury prevention. He is an innovator in web-based education and remote learning and teaches several online courses through Medbridge on the delivery of Telehealth services.

Schedule:

- 1:30-3:30 Telehealth in Orthopedic Physical Therapy
- 3:30-3:45 Afternoon Refreshment Break
- 3:45-5:15 Telehealth in Neurologic Physical Therapy