

Membership SOAP Note

The Guide to All Things Physical Therapy in Nebraska



Spotlight for Events

APTA-NE's 2025 Legislative Breakfast

- **Tuesday, February 4th at 8:30 AM.**
- Please join us at [Billy's Restaurant](#) for breakfast and an opportunity connect and advocate alongside fellow physical therapy professionals. This event provides an opportunity for you to share and amplify your voice with legislators!



APTA-NE Annual Conference Kickoff Reception, Awards Presentation, & Oxford Debate

- **March 28th: 6:30 – 9:00 pm**
 - Younes Conference Center North, Kearney, NE
- Oxford Debate: Specialist vs Generalist Education

APTA-NE Annual Conference

- **March 29th: 7:30 am – 5:00 pm**
 - Younes Conference Center North, Kearney, NE
- 10 Education Sessions to choose from!
- For more information and to register, click [here](#).



Accommodations:

- A block of rooms will be available for Friday, March 28th at a special conference rate:
 - **Crowne Plaza** for \$149.95 per night + taxes & fees
 - [Book Your Group Rate Reservation Here](#)
 - **Fairfield Inn & Suites Kearney** for \$144.95 per night+ taxes & fees
 - [Book Your Group Rate Reservation Here](#)
- Last Day to Book: Friday, February 28th

Looking to learn something new? Check out APTA-NE's list of [Approved Courses](#)

Open Job Positions

Physical Therapy & Sports Rehab of Hastings is looking to hire a full-time physical therapist. [PTSR](#) is an in-house therapist-owned outpatient physical therapy clinic known for its cohesive staff culture. PTSR possess a very enjoyable clinic atmosphere where you'll see a wide range of patients and conditions. If interested, email your resume to Ethan at estout@ptsrhastings.com.

Flagship Therapy-Ensign Affiliate is looking for a full-time physical therapist for Colonial Manor of Randolph, NE. [Flagship](#) is a leadership organization that just happens to be in healthcare. Enjoy a fun work atmosphere, a diverse patient population, and the opportunity to create and implement the programs that will best serve the needs of your patients. If interested, contact Angie Taylor at angeltaylor@ensignservices.net.

Advocacy

In 2024, the APTA community sent more than 50,000 letters to legislators and regulatory agencies through APTA's advocacy channels, reforming two of APTA's long-term Medicare policy principles through the 2025 physician fee schedule. Thanks to APTA's advocacy, simply submitting a plan of care to the patient's referring physician within 30 days of the initial evaluation now satisfies Medicare's POC requirement. APTA also successfully advocated to change the direct supervision requirement for PTAs to general supervision under Medicare Part B. The change, which will improve access for millions of Medicare beneficiaries, recognizes PTAs' value and offers significant relief in the therapy workforce, particularly for practices in rural or underserved areas.

[Congress Passed Year-End Legislation that Included 3 Month Medicare Extension on Telehealth](#)

The year-end legislative package to fund the government included an extension of the ability to provide telehealth services under Medicare, including those provided by PTs, and PTAs, which was set to expire on Dec. 31.

[Physical Therapy is 'the best-kept secret in health care'](#)

Did you see AP news published an article identifying the benefits of physical therapy?

[UHC Medicare Advantage: Updates to prior authorization requirement for outpatient therapy](#)

Based on feedback from providers, UHC has updated the prior authorization requirement for PT, SLP, and OT for their MA members. Providers must continue to submit a prior authorization request for the entire POC. However, new authorization requests starting after Jan 12, up to the first 6 visits will be covered without a clinical review if those visits take place within 8 weeks of first date of service. [APTA is encouraged but not satisfied with revision.](#)

[Help Shape the Future of APTA-NE](#)

The APTA-NE Nominating Committee is seeking nominees for the Executive Board, House of Delegates, Nominating Committee, and Early Professional Special Interest Group. If you are interested in running for a position or would like to nominate a colleague, please [complete the nomination form](#) by February 16, 2025. The election will take place from February 21 - March 20, 2025 with electronic voting via email. Results will be announced at the Business Meeting during the Annual Conference on March 29, 2025.

Practice Update

Medicare's New Exception to the Plan of Care Certification Requirement. Within the 2025 Medicare Physician Fee Schedule, CMS established a welcome exception to the plan of care signature requirement for initial certification. Anticipating inquiries about the new exception, APTA has developed [a resource webpage with a summary and answers to potential questions.](#)

To date, 290+ clinical practice guidelines have been created, including 4 new CPGs supported by APTA in 2024. APTA members have free access to these essential evidence-based resources. APTA supports evidence-based practice to reduce unwarranted variation in care and improve the value of physical therapist services.

<https://www.apta.org/patient-care/evidence-based-practice-resources/cpgs>

Physical Therapists in Primary Care in the United States: An Overview of Current Practice Models and Implementation Strategies. Physician shortages and increases in noncommunicable disease burden have resulted in a growing demand for PCPs. Are PTs well suited to meet patient needs in primary care settings? <https://academic.oup.com/ptj/article/104/12/pzae123/7748059?searchresult=1>

Taking the Next Step in Neurological Rehabilitation: Contributions of Intensity and Variability of Stepping Tasks during Locomotion Training. Recent data suggest that attention towards two training parameters, including the intensity and variability of walking practice, may maximize walking recovery and facilitate gains in non-walking outcomes. <https://academic.oup.com/ptj/advance-article/doi/10.1093/ptj/pzaf005/7959736?searchresult=1>

Looking for access to a full article, PDF, or additional resources? As an APTA member, you have access to many of these resources and more through the [Evidence-Based Practice Resources](#) page on APTA.org.