

Physical Therapist Assistant Program

September, 2024

Program Updates

We are excited to welcome our largest cohort of students yet into the NMC PTA Program this fall! The new and returning students are all on campus this semester, getting to know each other and building their knowledge and skills.

We are also thrilled to welcome back 2018 alumna Amy (Edwards) Cap! Amy is currently working at Athletico Physical Therapy in Papillion, and is teaching Therapeutic Exercise II this fall for the second year students. Welcome to our newest adjunct faculty member!



NMC PTA Program Classes of
2025 and 2026!

Student Involvement

The PTA students at Nebraska Methodist College are one month into classes! They plan on doing a fundraiser for the MAHSA (Methodist Allied Health Student Association) PTA group. For this fundraiser, the second-year students will give massages to students and faculty during finals week! MAHSA PTA is excited to welcome in the new first year PTA students at their first meeting in October.



First and second year students also participated in the MAHSA OT Back to School Slam, playing sand volleyball against their peers. This was a great way MAHSA PTA supported MAHSA OT!

Along with fundraising, the PTA students are serving their community by volunteering at the Women Connect Event at Nebraska Methodist College. This event is NMC's way of educating and empowering women to do something they don't



always do, prioritize their health. This event will take place on Saturday, October 26th at 9:00am on the Josie Harper Campus. The second year students will be offering free massages and educating the importance of water intake to all the attendees at this wonderful event. Lastly, the second-year students will be volunteering at St. Paul Benson Church during their health fair on October 6 from 9 am-12 pm. PTA students will be providing fall risk screening for community members while Nursing students are giving flu shots, blood sugar screenings, blood pressure, and BMI measurements.

Respectfully submitted by Lexi Mogensen, SPTA

Methodist Allied Health Student Association-PTA President

For more information go to: <http://www.methodistcollege.edu/pta> or contact Shannon Struby, Program Director at shannon.struby@methodistcollege.edu.