



15TH ANNUAL

Pain Management Conference

Practical Pain Management
for Health Care Providers

FRIDAY, MARCH 11, 2016

MIKE AND JOSIE HARPER CENTER
602 NORTH 20TH STREET
OMAHA, NEB.

2016pain.eventbrite.com

DESIGNED FOR:

Physicians, Dentists, Nurse
Practitioners, Physician
Assistants, Pharmacists, Nurses,
Dental Hygienists, Physical and
Occupational Therapists, Public
Health Professionals, Fellows,
Residents, Students and Other
Interested Health Care Providers

JOINTLY PROVIDED BY:

Creighton University Health Sciences
Continuing Education Consortium
School of Medicine
College of Nursing
School of Pharmacy and Health Professions
School of Dentistry
and CHI Health

Creighton
UNIVERSITY
Health Sciences
Continuing Education



Purpose & Objectives

The conference will provide practitioners with the most recent information that will enhance knowledge, skills and performance in the assessment and treatment of patients with pain disorders.



At the end of the course, participants should be able to:

- Discuss the methods and standards of care for patients facing a life-threatening illness.
- Describe the key role of pain management as the first 'task of dying' and hospice's contributions to this field.
- Identify the most important symptoms in palliative care and the appropriate pharmacological approaches for management and treatment.
- Describe new drugs and new drug applications for the treatment of pain and their roles in therapy.
- Examine the prevalence, incidence and emerging trends of street drug use.
- Outline the moral and ethical dilemmas that are inherent in the provision of opioids in the management of chronic nonmalignant pain.
- Describe common orofacial pain presentations and diagnoses and why psychological comorbidities will assist in diagnosis and management of pain.
- Examine successful physical therapy management strategies used to treat patients with movement impairment due to Temporomandibular dysfunction.
- Explain the major role of the primary care physician in the continuity of care and prevention of gaps for a patient transitioning from hospital to primary care visits.
- Describe the unique home care program that provides comprehensive, interdisciplinary, primary care in the homes of veterans with complex medical, social and behavioral conditions for whom routine clinic-based care is not effective.

Education Credits

Category 1

Creighton University Health Sciences Continuing Education designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only credit commensurate with the extent of their participation in this activity.

APPA accepts AMA category 1 credit for the PRA from organizations accredited by ACCME.

Nurses CE

Creighton University Health Sciences Continuing Education designates this activity for 7.0 contact hours for nurses. Nurses should claim only credit commensurate with the extent of their participation in the activity.

Nurses licensed in Iowa and California: This activity was planned and developed in accordance with the continuing education standards of the American Nurses Credentialing Center (ANCC). The Iowa Board of Nursing and the California Board of Nursing will honor ANCC continuing education credits for face-to-face programs held outside Iowa and California, or for ANCC-approved online-recorded courses taken in a self-study format.

Pharmacy

The *15th Annual Pain Management Conference* is provided by Creighton University Health Sciences Continuing Education (HSCE). HSCE is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity is assigned Universal Activity (UAN) # 0839-0000-16-005-L04-P and is accredited for 7.0 hours for attendance of all CE sessions on March 11, 2016. The *15th Annual Pain Management Conference* is a knowledge-based CE activity.

AAFP

This Live Activity, *15th Annual Pain Management Conference*, with a beginning date of March 11, 2016, has been reviewed and is acceptable for up to 6.75 Prescribed Credit(s) by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

Dental

Creighton University is an approved CE provider by the states of Iowa, Kansas and South Dakota, and this course meets the requirements for credit in Nebraska. Creighton is an ADA CERP Recognized provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at ada.org/cerp. Creighton University School of Dentistry designates this lecture activity for a maximum of seven (7) continuing education credits.

Physical Therapy

This course is approved for .7 Continuing Education Units (corresponding to 7.0 contact hours) by the Continuing Education Committee of the Nebraska Chapter, American Physical Therapy Association (NPTA).

Occupational Therapy

The Board of Occupational Therapy Practice does not pre-approve continuing education course offerings, but will accept a continuing education activity when they are planned and conducted for occupational therapists and the continuing education activity relates to the practice of Occupational Therapy. Each professional is responsible for his or her own certification.

Welcome from the Course Directors



Frank J. Dowd, DDS, Ph.D.



Frederick E. Youngblood, M.D.

Pain management can be simple or complex and requires a wide variety of skills and approaches. Pain management practitioners come from all fields of medicine, and together can form a multidisciplinary team resulting in improved pain management. This conference will offer health care providers evidence-based, therapeutic approaches to reduce pain and practice pain management from an integrative perspective.

View Drs. Dowd and Youngblood's invitation to join them at the Pain Management Conference at: <https://youtu.be/07UMq3FuH8I>.

Featured Presenters

Thomas J. Beeson, DDS
Helen Stanton Chapple, Ph.D., R.N., M.A., C.T.
Christopher M. Criscuolo, M.D.
Devin J. Fox, M.D., FACP
Gary W. George, MHA, M.Div., R.N.
Mark D. Goodman, M.D.
Thomas P. Guck, Ph.D.
Rick L. Missell, R.N., MSN, M.S., NE-BC, FACHE
Amy M. Pick, Pharm.D., BCOP
Sgt. Jason Scott
Jessica Turner, P.T., DPT, OCS

Schedule

7:15 a.m.

Registration, Continental Breakfast and Visit Exhibits

7:45 a.m.

Welcome and Program Overview

Frank J. Dowd, DDS, Ph.D.

SESSION I

Pain Medicine and Palliative and Hospice Care

8 a.m.

Palliative Care

Mark D. Goodman, M.D.

8:45 a.m.

The Key Importance of Pain Management as the First 'Task of Dying'

Gary W. George, MHA, M.Div., R.N.

9:30 a.m.

Break and Visit Exhibits

SESSION II

New Drugs and Street Drugs

9:45 a.m.

New Drugs

Amy M. Pick, Pharm.D., BCOP

10:15 a.m.

Street Drugs

Sgt. Jason Scott

'Stretch' Break

SESSION III

Opioid Management and Ethical Dilemmas Panel

Moderator: Frank J. Dowd, DDS, Ph.D.

11 a.m.

Nursing Ethics in Pain Management

Helen Stanton Chapple, Ph.D., R.N., M.A., C.T.

11:30 a.m.

Behavioral Issues and Opioid Management of Chronic Noncancer Pain

Thomas P. Guck, Ph.D.

Noon

Identifying the Optimal Patient for Opioid Therapy

Christopher M. Criscuolo, M.D.

12:30 p.m.

Lunch and Visit Exhibits

SESSION IV

Orofacial Pain Syndromes

1:30 p.m.

Diagnosis and Management of Dental Pain

Thomas J. Beeson, DDS

2 p.m.

Physical Therapy Management of Temporomandibular Dysfunction

Jessica Turner, P.T., DPT, OCS

2:30 p.m.

Break and Visit Exhibits

SESSION V

Pain Management: Bridging Between the Hospital and Primary Care

2:45 p.m.

Transition from Acute Care to Primary Care – Pain Management Considerations

Devin J. Fox, M.D.

3:15 p.m.

Home Based Primary Care – The VA Model

Rick L. Missell, R.N., MSN, M.S., NE-BC, FACHE

3:45 p.m.

What Have We Learned Today?

Frank J. Dowd, DDS, Ph.D.

Frederick E. Youngblood, M.D.

4:15 p.m.

Evaluation, Adjournment and Prize Drawing

Course Directors

Frank J. Dowd, DDS, Ph.D.

*Professor Emeritus of Pharmacology
Department of Pharmacology
Creighton University School of Medicine
Creighton University School of Dentistry*

Frederick E. Youngblood, M.D.

*Anesthesiologist
Midwest Pain Clinics*

Faculty

Thomas J. Beeson, M.D.

*Associate Professor and Chair
Department of General Endodontics
Creighton University School of Dentistry*

Helen Stanton Chapple, Ph.D., R.N., M.A., C.T.

*Associate Professor and Nurse Ethicist
Center for Health Policy and Ethics
Creighton University*

Christopher M. Criscuolo, M.D.

*Anesthesiologist and Pain Specialist
CHI Health Center for Pain Medicine*

Devin J. Fox, M.D., FACP

*Chief Medical Officer, Creighton University Medical Center
Assistant Dean, Patient Safety and Quality
Assistant Professor, Creighton University School of Medicine
Vice Governor, Nebraska Chapter, American College of Physicians*

Gary W. George, MHA, M.Div., R.N.

*Executive Director
Hospice House – The Josie Harper Residence*

Mark D. Goodman, M.D.

*Professor, Department of Family Medicine
Creighton University School of Medicine*

Thomas P. Guck, Ph.D.

*Professor and Vice-Chair
Director, Behavioral Sciences
Department of Family Medicine
Creighton University School of Medicine*

Rick L. Missell, R.N., MSN, M.S., NE-BC, FACHE

*Manager, Home Based Primary Care (HBPC)
Department of Veteran Affairs
Nebraska-Western Iowa VA Health System*

Amy M. Pick, Pharm.D., BCOP

*Associate Professor, Department of Pharmacy Practice
Director, Faculty Development and Assessment
School of Pharmacy and Health Professions
Creighton University*

Sgt. Jason Scott

*Drug Interdiction Liaison
Nebraska State Patrol*

Jessica Turner, P.T., DPT, OCS

*Physical Therapist
CHI Health Rehabilitation Care
CHI Health
Hematology and Oncology Consultants, PC*

Planning Committee:

Frank J. Dowd, DDS, Ph.D.; Frederick E. Youngblood, M.D.;
Mark A. Malesker, Pharm.D.; Sally C. O'Neill, Ph.D.;
Marybeth E. Goddard, M.S.; Colin T. Dworak, BSBA;
Judith R. Gale, P.T., DPT, MPH, OCS; Thomas P. Guck, Ph.D.;
Helen Stanton Chapple, Ph.D., R.N., M.A., C.T.;
Donal D. Scheidel, DDS

HSCE Program Review Committee:

Philip Brauer, Ph.D.; William Hunter, III, M.D.;
Tom Berry, B.S., DDS; Susan Connelly, DNP, APRN-NP;
Dennis Higginbotham, DDS; Dan Hilleman, Pharm.D.;
Mark Malesker, Pharm.D.; Mike G. Miller, Ed.D., M.S., BSEMS, NRP;
Sally C. O'Neill, Ph.D.; Anne Schoening, Ph.D., R.N., CNE

Also Consulted Regarding Content:

Kirk M. Peck, P.T., Ph.D., CSCS, CCRT, Department of Physical
Therapy and Helene L. Lohman, M.A., OTD, OTR/L, Department
of Occupational Therapy, Creighton University School of Pharmacy
and Health Professions

Logistics

Handout options:

Please be advised that handout materials for this conference will not be included in the registration fee and will not be distributed as paper copies, but rather, made available online ahead of time (to the best extent possible). Participants can download and print the presentations prior to the conference or follow along on their own laptop during the conference.

- A link will be sent by email a week prior to the conference to download and print the handouts needed before the event.
- For those needing a traditional handout, they will be available by pre-order at a cost of \$15. Please pre-order your handout by **February 29, 2016. No additional handouts will be available to purchase the day of the conference.**

Please note if you require special accommodations (dietary, mobility, hearing, etc.) for the meeting, there will be an opportunity to enter them through the online registration.

Lodging:

Following is a list of lodging options:

Courtyard by Marriott, 101 S. 10th St., Omaha, NE.
402.346.2200, toll free 866.204.9388

Doubletree Hotel, 1616 Dodge St., Omaha, NE.
402.346.7600, toll free 800.766.1164

Embassy Suites Downtown, 555 S. 10th St., Omaha, NE.
402.346.9000, toll free 800.362.2779

The Hilton Omaha, 1001 Cass St., Omaha, NE.
402.998.3400

Country Inn & Suites Omaha-Airport, 2210 Abbott Dr.,
Carter Lake, IA.
712.347.5600 toll free 800.456.4000

Or you can go to **visitomaha.com** for a list of hotels in the area.

Meeting Place and Parking:

Mike and Josie Harper Center, Creighton University Campus,
602 N. 20th St., Omaha, NE 68178. Complimentary parking
is available.

Special accommodations:

Creighton University Health Sciences Continuing Education (HSCE) wishes to ensure that no individual with special needs is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids and services. If you are in need of auxiliary aids or services, please contact HSCE at 800.548.2633 or 402.280.5659.

Emergency phone:

402.280.2700 – Identify the HSCE Pain Management Conference.

Climate and dress:

Casual dress is encouraged for the entire meeting. Temperature in meeting room fluctuates, therefore layered clothing is suggested. Plan to bring a sweater or jacket.

Courtesy:

For the concentration and comfort of our participants, we ask that all cell phones and pagers be silenced during sessions of the conference. Breaks are provided for your communication convenience. **All attendees must register; no guests/children please.** Thank you for your cooperation.

Websites to visit:

Creighton HSCE: healthsciences.creighton.edu

Cancellation:

Please call **800.548.2633** or **402.280.5659** by **Monday, March 7**. Refund less \$20 if cancelling by Monday, March 7. **No Refund after March 7, 2016.**

In the unlikely event this program is canceled, you will be notified by phone.

Disclosure policy:

It is the policy of Creighton University Health Sciences Continuing Education, to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All faculty participating in this activity are expected to disclose to the audience any significant financial interest or other relationship he/she has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation.

Money-back guarantee:

We are convinced you will leave with more than enough information to earn back your investment in these programs. However, if you feel you haven't received your money's worth by the end of the program, you will receive a 100 percent refund of your registration.

Accreditation Statement:

In support of improving patient care, Creighton University Health Sciences Continuing Education is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the healthcare team.

15TH ANNUAL
**Pain Management
Conference**

MARCH 11, 2016



Registration

Don't miss out, register online at:
2016pain.eventbrite.com

Registration deadline is March 7, 2016

Meeting place:
Mike and Josie Harper Center
602 N. 20th St.
Omaha, NE 68178

healthsciences.creighton.edu

Physicians, Dentists, Nurse Practitioners,
Physician Assistants, Pharmacists \$145

Nurses, Dental Hygienists,
Physical and Occupational
Therapists, Public Health Professionals,
Other Healthcare Professionals \$90

Fellows, Residents, Full-time Students..... \$50
*Verification of full-time student status may be required either by
phone call or email from appropriate authority.*

Walk-ins are welcome, however seating or conference
materials cannot be guaranteed. If registration/handout fee
is being paid by check in advance, please make check out to
Creighton University and mail to Creighton University HSCE,
601 N. 30th St., Suite 2130, Omaha, NE 68131.

For questions or more information, please call the Health
Sciences Continuing Education (HSCE) Office at 402.280.5659.